

# BALANS

NO.60

EST. SOHO 1987

## LATE NIGHT BREAKFAST

<b>Chorizo con papas</b>	<b>15</b>	<b>House granola</b>	<b>9</b>
Crispy chorizo and Balans potatoes fried eggs, salsa fresca		Greek style yoghurt, fresh berries & house granola	
<b>Cheese &amp; beans on toast (ve)</b>	<b>13.5</b>	<b>Breakfast burrito (v)</b>	<b>17.5</b>
Jalapeño cornbread, smokey beans, vegan feta & chipotle and maple butter		Scrambled eggs, halloumi, crispy Balans potatoes, spiced tomato in a tortilla wrap & sour cream	
<b>Steak &amp; eggs</b>	<b>22.5</b>	<b>Eggs in hell (v)</b>	<b>14</b>
Bavette steak and 2 eggs (your way), with crispy Balans potatoes & chimichurri		2 poached eggs, served with crispy Balans potatoes & chilli	
<b>H. Forman smoked salmon, avocado &amp; scrambled egg</b>	<b>19</b>	<b>Balans Benedicts</b>	
H. Forman smoked salmon with scrambled eggs, crushed avocado & toast		Poached eggs, homemade Hollandaise sauce on an English muffin, with the choice of the following:	
<b>Full English</b>	<b>18.5</b>	<b>Ham</b>	<b>15.5</b>
2 eggs (your way), bacon, Cumberland sausage, field mushroom, beans, crispy Balans potatoes & toast		<b>Bacon</b>	<b>15.5</b>
		<b>Spinach (v)</b>	<b>15.5</b>
		<b>H Forman smoked salmon</b>	<b>18</b>
<b>Cheese omelette (v)</b>	<b>12</b>		
Egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes			

## OUR FAMOUS PANCAKES & FRENCH TOAST

<b>American pancakes (v) 14.5</b>	<b>French Toast (v) 14</b>	<b>Fried chicken pancakes 15.5</b>
With warm maple butter & a choice of bacon, banana or fresh berries	Eggy brioche with cherry compote & crème fraîche	With kimchi salad, oat fried chicken & spicy Korean honey

Try our vegan fresh berries or banana pancakes

Proudly serving Julius Meinl premium coffee, using the finest Arabica coffee beans from high quality farms all over the world



Julius Meinl

## ADD-ONS

<b>Halloumi, chorizo, crushed avocado</b>	<b>5.5</b>	<b>Grilled chicken</b>	<b>7</b>
<b>Two Cumberland sausages</b>	<b>6.5</b>	<b>H. Forman smoked salmon</b>	<b>9</b>
<b>Bacon, mushroom, cheese, black pudding, baked beans</b>	<b>4</b>	<b>Two pancakes &amp; fresh berries</b>	<b>8.5</b>
<b>Crispy Balans potatoes</b>	<b>5.5</b>	<b>Hash browns</b>	<b>5.5</b>
<b>Egg (your way)</b>	<b>3.8</b>	<b>Sourdough or gluten free (add jam or marmalade +1.5)</b>	<b>4.5</b>

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## SMALL PLATES

<b>Ham hock &amp; tarragon croquettes</b>	<b>10</b>	<b>Quesadilla (v)</b>	<b>10.5</b>
Cauliflower cheese puree & homemade Piccalilli		Crispy tortilla with Mexicana cheese, spring onion, salsa fresca & sour cream	
<b>Truffle fried chicken</b>	<b>12.5</b>	<b>Spiced calamari</b>	<b>13.5</b>
Crisp oat fried chicken bound in truffle honey		With parsley aioli	

## BIG PLATES

<b>Seafood fettuccine</b>	<b>18</b>	<b>Thai Red Curry</b>	<b>20</b>
Prawns, crayfish, soft herb lemon & cream sauce		Chicken, shrimp or vegetables in a Thai red curry sauce & jasmine rice	
<b>Cobb salad</b>	<b>20</b>	<b>Chicken enchiladas</b>	<b>17.5</b>
Chicken, bacon, Cashel Blue cheese, avocado, ranch dressing (without chicken and bacon 15.5)		Black beans, spiced tomato sauce in a grilled tortilla with melted Mexicana cheese & sour cream	
<b>Rib-eye steak</b>	<b>32</b>	<b>Traditional Fish &amp; Chips</b>	<b>20.5</b>
28 day aged rib-eye steak with house salad pickled shallots, hand-cut chips & béarnaise sauce		Beer battered haddock, hand-cut chips, mushy peas & tartare sauce	
<b>Cheeseburger</b>	<b>20</b>	<b>Katsu chicken doughnut</b>	<b>18</b>
100% British chuck steak patty, Red Leicester, lettuce, dill pickle, a red onion marmalade tomato, in a brioche bun & fries		Panko chicken thigh, katsu mayo, pickled carrot slaw & fries	
<b>Smashed avocado burger (ve)</b>	<b>20</b>	<b>Vegetable pad thai (ve)</b>	<b>17.5</b>
Moving Mountains patty, smashed avocado, vegan dill mayo, lettuce, tomato & fries		Wok fried broccoli, mangetout and bean sprouts, rice noodles, spicy peanut & tamarind sauce <b>add chicken or shrimp 3</b>	

## SIDES

<b>Mixed leaf salad</b>	<b>5.5</b>	<b>Fries or hand-cut chips</b>	<b>6</b>
Balans house dressing		<b>Crispy Balans potatoes</b>	<b>5.5</b>
<b>Spinach</b>	<b>5.5</b>	<b>New potatoes</b>	<b>6.5</b>
		<b>Extra sauces</b>	<b>1</b>


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Please inform your server of any allergies.