

Nº.60

# BALANS

EST. SOHO 1987

<b>Chorizo con papas</b>	<b>14</b>	<b>House granola</b>	<b>8</b>
Crispy chorizo and Balans potatoes Woodlands Farm fried eggs, salsa fresca		Summer berries purée, Greek style yoghurt & house granola	
<b>Cheese &amp; beans on toast (ve)</b>	<b>12.5</b>	<b>The Balans breakfast burger</b>	<b>16</b>
Jalapeño cornbread, smoky beans, vegan feta & chipotle and maple butter		Sausage patty, house hash brown, fried egg, smoked cheese & rhubarb ketchup	
<b>Steak &amp; eggs</b>	<b>21.5</b>	<b>Mushroom bruschetta (v)</b>	<b>12</b>
Bavette steak and 2 Woodlands Farm eggs (your way), with crispy Balans potatoes & chimichurri		Toasted brioche, sautéed mushrooms, garlic and parsley butter, Woodland farm fried egg & chimichurri	
<b>H. Forman smoked salmon, avocado &amp; scrambled egg</b>	<b>18</b>	<b>Breakfast burrito (v)</b>	<b>16.5</b>
H. Forman smoked salmon with scrambled Woodlands Farm eggs, crushed avocado & toast		Scrambled Woodlands Farm eggs, halloumi, crispy Balans potatoes, sour cream & spiced tomato in a tortilla wrap	
<b>Full English</b>	<b>17.5</b>	<b>Eggs in hell (v)</b>	<b>13</b>
2 Woodlands Farm eggs (your way), bacon, Cumberland sausage, field mushroom, beans, crispy Balans potatoes & toast		2 Woodlands Farm eggs poached, spicy harrisa tomato sauce, served with crispy Balans potatoes & fire roasted peppers	
<b>Full Vegan (ve)</b>	<b>17.5</b>	<b>High Society Eggs Benedict</b>	<b>21.5</b>
Scrambled tofu, bacon, sausage, field mushroom, beans, crispy Balans potatoes & toast		1/2 lobster, poached Woodlands Farm eggs, avocado & crispy bacon on an English muffin, with homemade Hollandaise sauce	
<b>Cheese omelette (v)</b>	<b>11</b>	<b>Balans Benedicts</b>	
Woodlands Farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes		Poached Woodlands Farm eggs, homemade Hollandaise sauce on an English muffin, with the choice of the following:	
<b>Two eggs any way (v)</b>	<b>8</b>	<b>Ham</b>	<b>14.5</b>
Poached, fried, scrambled or boiled Woodlands Farm eggs on toast (add crispy bacon +3, sausages +5.5 or crushed avocado +4.5)		<b>Bacon</b>	<b>14.5</b>
		<b>Spinach (v)</b>	<b>14.5</b>
		<b>H Forman smoked salmon</b>	<b>17</b>

OUR FAMOUS PANCAKES & FRENCH TOAST

<b>American pancakes (v) 13.5</b>	<b>French Toast (v) 13</b>	<b>Fried chicken pancakes 14.5</b>
With warm maple butter & a choice of bacon, banana or fresh berries	Eggy brioche with caramelised apples, oat granola & agave syrup	With kimchi salad, oat fried chicken & spicy Korean honey
Try our vegan fresh berries or banana pancakes		

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## ADD-ONS

<b>Halloumi, chorizo, crushed avocado</b>	<b>4.5</b>	<b>Grilled chicken</b>	<b>6</b>
<b>Two Cumberland sausages</b>	<b>5.5</b>	<b>H. Forman smoked salmon</b>	<b>8</b>
<b>Bacon, mushroom, cheese, black pudding, baked beans</b>	<b>3</b>	<b>Two pancakes &amp; fresh berries</b>	<b>7.5</b>
<b>Crispy Balans potatoes</b>	<b>4.5</b>	<b>Hash browns</b>	<b>4.5</b>
<b>Egg (your way)</b>	<b>2.8</b>	<b>Sourdough or gluten free (add jam or marmalade +1.5)</b>	<b>3.5</b>

(v) vegetarian (ve) vegan. Please inform your server if you have any food allergies