

BALANS

EST. SOHO 1987

EVENT DAY MENU

ALL DAY BRUNCH

Full English breakfast 2 Woodlands Farm eggs (your way), bacon, Cumberland sausage, field mushroom, beans, crispy Balans potatoes & toast	17.5	The Balans breakfast burger Sausage patty, house hash brown, fried egg, smoked cheese & rhubarb ketchup	16
American pancakes With warm maple butter & a choice of bacon, banana or fresh berries (option to make vegan)	13.5	Eggs Benedict/Florentine (v)/Royale Poached Woodlands Farm eggs with ham or bacon, spinach or H. Forman smoked salmon on an English muffin with homemade Hollandaise	14.5/17
Fried chicken pancakes With kimchi salad, oat fried chicken & spicy Korean honey	14.5	H. Forman smoked salmon, avocado & scrambled egg H. Forman smoked salmon with scrambled Woodlands Farm eggs, crushed avocado & toast	18
French toast (v) Eggy brioche with caramelised apples, oat granola & agave syrup	13		

SIDES

Bacon, mushroom, cheese, black pudding, baked beans	3
Two Cumberland sausages	5.5
Egg	2.8
Avocado, halloumi, chorizo	4.5
H. Forman smoked salmon	8
Fries or hand-cut chips	5
Crispy Balans potatoes	4.5
Mixed salad with Balans house dressing	3.5

SMALL PLATES

Manchego & Serrano croquettes Paprika aioli	10	Truffle mac & cheese (v) Cheddar crumb	10
Truffle fried chicken Crisp oat fried chicken bound in truffle honey	10	Quesadilla (v) Crispy tortilla with Mexicana cheese, spring onion, tomatillo & chipotle salsa, sour cream	9

BIG PLATES

The Balans Burger 100% British chuck steak patty, Red Leicester, smoked bacon, lettuce, tomato, dill pickle & red onion marmalade, brioche bun	18	Steak & eggs Bavette steak and 2 Woodland Farm eggs (your way), crispy Balans potatoes & chimichurri	21.5
Smashed avocado burger (ve) Moving Mountains patty, vegan dill mayo, vegan bacon, lettuce & tomato	18	Thai red curry Chicken, shrimp or vegetables in a Thai red curry sauce with cashews & jasmine rice	21
Chicken Burger Oat crusted buttermilk chicken, kimchi slaw, spiced Korean dressing, fries	18.5	Rib-eye steak 28 day aged rib-eye steak with pickled shallot salad, hand-cut chips & béarnaise sauce	31
Fish & Chips Haddock from the British Isles, hand-cut chips, mushy peas	19.5		

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(v) vegetarian (ve) vegan. Please inform your server if you have any food allergies