

# BALANS

EST. SOHO 1987

<b>Crispy duck okonomiyaki</b>	<b>17</b>	<b>The Balans breakfast burger</b>	<b>16</b>
Pickled ginger, hoisin sauce, gochujang mayo, Woodlands Farm egg		Sausage patty, house hash brown, fried egg, smoked cheese & rhubarb ketchup	
<b>Proper porridge (v)</b>	<b>10</b>	<b>Steak &amp; eggs</b>	<b>21.5</b>
With milk, caramelised apple & cinnamon sugar		Bavette steak and 2 Woodlands Farm eggs (your way), with crispy Balans potatoes & chimichurri	
<b>H. Forman smoked salmon, avocado &amp; scrambled egg</b>	<b>18</b>	<b>Two eggs any way (v)</b>	<b>8</b>
H. Forman smoked salmon with scrambled Woodlands Farm eggs, crushed avocado & toast		Poached, fried, scrambled or boiled Woodlands Farm eggs on toast (add crispy bacon +3, sausages +5.5 or crushed avocado +4.5)	
<b>Full English</b>	<b>17.5</b>	<b>High Society Eggs Benedict</b>	<b>21.5</b>
2 Woodlands Farm eggs (your way), bacon, Cumberland sausage, field mushroom, beans, crispy Balans potatoes & toast		1/2 lobster, poached Woodlands Farm eggs, avocado & crispy bacon on an English muffin, with homemade Hollandaise sauce	
<b>Full Vegan (ve)</b>	<b>17.5</b>	<b>Balans Benedicts</b>	
Scrambled tofu, bacon, sausage, field mushroom, beans, crispy Balans potatoes & toast		Poached Woodlands Farm eggs, homemade Hollandaise sauce on an English muffin, with the choice of the following:	
<b>Cheese omelette (v)</b>	<b>11</b>	<b>Ham</b>	<b>14.5</b>
Woodlands Farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes		<b>Bacon</b>	<b>14.5</b>
<b>Breakfast burrito (v)</b>	<b>16.5</b>	<b>Spinach (v)</b>	<b>14.5</b>
Scrambled Woodlands Farm eggs, halloumi, crispy Balans potatoes, sour cream & spiced tomato in a tortilla wrap		<b>H Forman smoked salmon</b>	<b>17</b>

## OUR FAMOUS PANCAKES & FRENCH TOAST

<b>American pancakes (v) 13.5</b>	<b>French Toast (v) 13</b>	<b>Fried chicken pancakes 14.5</b>
With warm maple butter & a choice of bacon, banana or fresh berries	Eggy brioche with caramelised apples, oat granola & agave syrup	With kimchi salad, oat fried chicken & spicy Korean honey

Try our vegan fresh berries or banana pancakes

Proudly serving Julius Meinl premium coffee, using the finest Arabica coffee beans from high quality farms all over the world



## ADD-ONS

<b>Halloumi, chorizo, crushed avocado</b>	<b>4.5</b>	<b>Grilled chicken</b>	<b>6</b>
<b>Two Cumberland sausages</b>	<b>5.5</b>	<b>H. Forman smoked salmon</b>	<b>8</b>
<b>Bacon, mushroom, cheese, black pudding, baked beans</b>	<b>3</b>	<b>Two pancakes &amp; fresh berries</b>	<b>7.5</b>
<b>Crispy Balans potatoes</b>	<b>4.5</b>	<b>Hash browns</b>	<b>4.5</b>
<b>Egg (your way)</b>	<b>2.8</b>	Sourdough or gluten free (add jam 1.50)	