

BALANS

EST. SOHO 1987

EVENT DAY MENU

ALL DAY BRUNCH

Full English breakfast	17	The Balans breakfast burger	15.5
2 Woodlands Farm eggs (your way), bacon, Cumberland sausage, field mushroom, beans, crispy Balans potatoes & toast		Sausage patty, house hash brown, fried egg, smoked cheese & rhubarb ketchup	
American pancakes	13.5	Eggs Benedict/Florentine (v)/Royale	13/15.5
With warm maple butter & a choice of bacon, banana or fresh berries (option to make vegan)		Poached Woodlands Farm eggs with ham or bacon, spinach or H. Forman smoked salmon on an English muffin with homemade Hollandaise	
Fried chicken pancakes	14.5	H. Forman smoked salmon, avocado & scrambled egg	17.5
With kimchi salad, oat fried chicken & spicy Korean honey		H. Forman smoked salmon with scrambled Woodlands Farm eggs, crushed avocado & toast	
French toast (v)	13		
Eggy brioche with caramelised apples, oat granola & agave syrup			

SIDES

Bacon, mushroom, cheese, black pudding, baked beans	3
Two Cumberland sausages	5.5
Egg	2.8
Avocado, halloumi, chorizo	4.5
H. Forman smoked salmon	8
Fries or hand-cut chips	5
Crispy Balans potatoes	4.5
Mixed salad with Balans house dressing	3.5

SMALL PLATES

Manchego & Serrano croquettes	10	Truffle mac & cheese (v)	10
Paprika aioli		Cheddar crumb	
Truffle fried chicken	10	Quesadilla (v)	9
Crisp oat fried chicken bound in truffle honey		Crispy tortilla with Mexicana cheese, spring onion, tomatillo & chipotle salsa, sour cream	

BIG PLATES

The Balans Burger	20.5	Steak & eggs	21.5
100% British chuck steak patty, Red Leicester, smoked bacon, lettuce, tomato, dill pickle & red onion marmalade, brioche bun, fries		Bavette steak and 2 Woodland Farm eggs (your way), crispy Balans potatoes & chimichurri	
Smashed avocado burger (ve)	20.5	Thai red curry	19
Moving Mountains patty, vegan dill mayo, vegan bacon, lettuce & tomato with fries		Chicken, shrimp or vegetables in a Thai red curry sauce with cashews & jasmine rice	
Chicken Burger	18.5	Rib-eye steak	31
Oat crusted buttermilk chicken, kimchi slaw, spiced Korean dressing, fries		28 day aged rib-eye steak with pickled shallot salad, hand-cut chips & béarnaise sauce	
Fish & Chips	17.5		
Haddock from the British Isles, hand-cut chips, mushy peas			

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(v) vegetarian (ve) vegan. Please inform your server if you have any food allergies