# BALANS

EST. SOHO 1987

Crispy duck okonomiyaki	17	The Balans breakfast burger	15.5
Pickled ginger, hoisin sauce, gochujang mayo, Woodlands Farm egg		Sausage patty, house hash brown, fried egg, smoked cheese & rhubarb ketchup	
Proper porridge (v)	10	Steak & eggs	21.5
With milk, caramelised apple & cinnamon sugar		Bavette steak and 2 Woodlands Farm eggs (your way), with crispy Balans potatoes &	
H. Forman smoked salmon, avocado	17.5	chimichurri	
& scrambled egg		Two eggs any way (v)	7.5
H. Forman smoked salmon with scrambled Woodlands Farm eggs, crushed avocado & toast		Poached, fried, scrambled or boiled Woodlands Farm eggs on toast (add crispy bacon +3, sausages +5.5 or	
Full English	17	crushed avocado +4.5)	
2 Woodlands Farm eggs (your way), bacon, Cumberland sausage, field mushroom, beans, crispy Balans potatoes & toast		High Society Eggs Benedict  1/2 lobster, poached Woodlands Farm eggs, avocado & crispy bacon on an English muffir	
Full Vegan (ve)	17	with homemade Hollandaise sauce	Π,
Scrambled tofu, bacon, sausage, field		Balans Benedicts	
mushroom, beans, crispy Balans potatoes & toast		Poached Woodlands Farm eggs, homemade Hollandaise sauce on an English	
Cheese omelette (v)	10	muffin, with the choice of the following:	
Woodlands Farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes		Ham Bacon Spinach (v)	13 13 13
Breakfast burrito (v)	16	H Forman smoked salmon	16
Scrambled Woodlands Farm eggs, halloumi, crispy Balans potatoes, sour			

### OUR FAMOUS PANCAKES & FRENCH TOAST

#### American pancakes (v) 13.5

cream & spiced tomato in a tortilla wrap

## French Toast (v) 13

### Fried chicken pancakes 14.5

With warm maple butter & a choice of bacon, banana or fresh berries

Eggy brioche with caramelised apples, oat granola & agave syrup

With kimchi salad, oat fried chicken & spicy Korean honey

Try our vegan fresh berries or banana pancakes

Proudly serving Julius Meinl premium coffee, using the finest Arabica coffee beans from high quality farms all over the world



## ADD-ONS

Halloumi, chorizo, crushed avocado	4.5	Grilled chicken	6
Two Cumberland sausages	5.5	H. Forman smoked salmon	8
Bacon, mushroom, cheese, black pudding, baked beans	3	Two pancakes & fresh berries Hash browns	7.5 4.5
Crispy Balans potatoes Egg (your way)	4.5 2.8	Sourdough or gluten free (add jam 1.50)	