



Allergens Summary: Balans cafe 34 Lunch nov 24

Contains May Contain Removable Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	NIAIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
			B.M.		© 660 (35)	>40	Lupin	MILK		DESTRACE			8.	<u>.</u>	### ##################################
 Breakfast		Ψ	The state of the s	章 神	•8•			ant.					D 40	0,	1 6∂
Full English Breakfast			Wheat 🕢		⊘	M		②	Squid M					②	
American Pancakes			Wheat 🕢		•			Ø						Ø	
Breakfast burger 24			Wheat 📀		•			•						•	
Breakfast Burrito new		•	Wheat 🕢		•	M		•	Squid M					•	
Cheese Omelette			Wheat M R		•	M		•	Squid M						
Crispy duck okonomiyaki			Wheat 🕢		•							•	•	•	
Eggs benedict with bacon			Wheat 🕢		•			•						•	
Eggs benedict with ham			Wheat 🕢		•			•						•	
Eggs benedict with spinach			Wheat 📀		•			•						Ø	
Eggs Royale			Wheat 🕢		•	•		•						•	
Eggs your way			Wheat 🕢		•			•						•	
French toast 2024			Wheat 🕢		•			•							
Fried Chicken pancakes			Wheat 🕢		•	•		•	Squid M			•	•	•	

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M May Contain														HITE	
Removable Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
				₩ 2 ₩	260 18 0	>dp	Espin	MILK		Ā		<u> </u>	B _s .	ı.	€ 60 (20 00
 Breakfast		Ф	Arm	₹₩				MLK		waterdo	***		D/20		™ \$

Full vegan	Wheat 🕢							•	
Lobster Benedict	Wheat 🕢	Lobster 🕢	Ø		②				•
Porridge	Oats 🕢				Ø				
Salmon Avocado & Scrambled Eggs	Wheat 🕢		•	•	•				
Steak & Eggs	Wheat 📀		•	M	M	Squid M			•
Two pancakes fruit	Wheat 📀		•		Ø				•
Vegan Pancakes	Wheat 🕢								Almonds 🗸

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		*			2660 (35)	>40	- Loya	MILK	*	WEETAND	9		B.		© 0 0 3 2 0 0 0 0 0
Cocktails															
Bloody Mary		•			•	•				•				•	
Cut Pineapple					•										
Lavender High Jump					•										
Make me sweat					•										
Sour Society					•										

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		*	A STATE OF THE STA	₹ ₩		>40	Eujin	MLK	*	WHITEAD	3		8.	4	(2) A
Desserts Cafe															
Baked vanilla cheesecake			Wheat 🕢		•			•					•	•	
Chocolate fondant			Wheat 🕢		•			•					•		Almonds 🕢
Ice cream															
Lemon tart			Wheat 🕢									•	•		Almonds 🗸
Sticky toffee pudding			Wheat 🕢		•			•							

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		***	A. W.		680 83 0	>400	toja	MILK	*	MINISTERA			8.		© 6 32 6 62
Drinks															
Golden smoothie		•													

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		•			260 2 3 0	>\$	Lugin	MILK	*	MINERAL	3		B.		@ ●
Mains															
Club sandwich			Wheat 🕢		Ø										
Cobb salad		M	Wheat 🕢		•			Ø		•	M			Ø	
Fish & chips			Wheat 🕢		•	Ø		M	Squid M	•	M			Ø	
Moules mariniere			Wheat 🕢					Ø	Mussels 🕢					Ø	
Sausage and mash		•	Wheat 🕢					Ø						Ø	
Shepperd's pie		•	Barley 🕢 Rye 🕢					•						•	
Smashed avocado burger			Barley Oats Oats Wheat		M	M		M					•		
Thai red curry			Wheat 🕢	Prawns R	②	•		•				•	•	•	Cashews R
The Balans Burger			Wheat 🕢		•	M		•	Squid (M)					•	
Wholewheat vegetable pesto penne 34			Wheat 🕢												

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		•	A. W.		660 650	>	Topis	MILK	&	WINESAMD.	93		8.		© 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Sides															
Balans Potatoes			Wheat M		M	M		•	Squid M						
Fries			Wheat M		M	M		M	Squid M						
Hash brown			Wheat M		•	M		M							
Mixed leaves														•	
Roasted Veg		•						•							
Sourdough Toast			Wheat 🕢					•							
Sweet potato fries			Wheat M		M	M		M	Squid M						

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		*				×		MILK	*	MINISTAND	3		8.		(2) FO
Starter															
BBQ Chicken wings			Barley 🕢			•								•	
Calamari					•				Squid 🕢					Ø	
Cauliflower & pea pakora										•				•	
Crispy brie			Wheat 📀		•			•					•	•	
Moroccan lamb & apricot meatballs			Wheat 📀					•						•	
Padron peppers 34												Ø			
Sticky pork belly		•	Wheat 🕢			Ø							Ø	Ø	Cashews 🕢

Signed by:	Signature: