

BALANS

EST. SOHO 1987

Allergens Summary: Menu Cafe No34 June Lunch dinner 2024

Contains M May Contain R Removable Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	NIGO	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
		****	A STATE OF THE STA		660 650	>40	Lapin	MILK			9		∂ a.		(2) (8) (3) (8)
Cocktails															
Bloody Mary		•			•	•				Ø				Ø	
Sour Society					•										
Watermelon Sugar														•	

Contains M May Contain R Removable Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	NIAN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
		*	A STATE OF THE STA	₹ ₩		>40	Eujin	MILK	*	WINTERED	•		8.	4	
Desserts Cafe															
Banoffee			Wheat 🕢		•			②							Pecans 🕢
Creme brule			Wheat 🕢		•			②							Almonds 🕢
Doughnuts			Wheat 🕢		•			②							
Lemon tart			Wheat 🕢									•	•		Almonds 🕢
Tiramisu			Wheat 🕢		•			•							

Contains May Contain Removable Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	NIAN	MLK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
		***	A STATE OF THE STA		£60 £50	>40	Topis	MILK	*	DISTRACT	3		8.		8
Mains															
Chicken & bacon cobb		•			•			•		•				•	
Chicken Schnitzel			Wheat 🕢		•	•		•							
Dirty fried eggs					•			Ø						•	
Fish & chips			Wheat 🕢		•	•		M	Squid M	•	M			•	
Flame grilled bavette steak			Wheat 🕢											•	
Goat's cheese salad								Ø						•	Pecans 🕢
Miso roasted squash										•		•	•	•	Cashews 🕢
Squid ink linguine cafe			Wheat 🕢	Crayfish 🕢		•			Cuttlefish 🕢				M	•	
Thai red curry			Wheat 📀	Prawns R	•	•		•				•	•	•	Cashews R
The Balans Burger			Wheat 🕢		•	M		•	Squid M					•	

Contains May Contain Removable Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	NIdon	MLK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
		•		<u> </u>	280 2 8 0		Lupis	MILK	₩.	DISTRACT	9:0		B.		© 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Sides															
Fries			Wheat M		M	M		M	Squid M						
Mixed leaves														Ø	
Sweet potato fries			Wheat M		M	M		M	Squid M						
Sweet potato fries fully loaded			Wheat M		M	M		•	Squid M					•	

Contains May Contain Removable Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	NIADI	MLK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
		****		₹ ₩	680 13 0	X	Lujda	MILK		-	9		Ba		(1.00 mg/s)
Starter															
Beetroot hummus flatbread			Wheat 📀		•			•				•		•	
Braised beef croquettes		•	Wheat 📀		•			Ø		•	M			•	
Chicken shawarma flatbread			Wheat 🕢					Ø						Ø	
Chickpea fritters								•				•		•	Cashews 🕢
Honey sesame roasted halloumi			Wheat 🕢					•				•		•	
Pesto rigatoni			Wheat 🕢												
Pork & beef meatballs flatbread			Wheat 🕢		•			•							
Pulled BBQ pork flatbread			Wheat 🕢			•		•					•	•	
Salmon fishcakes			Wheat 🕢		•	•		•						•	
Seafood fritto misto			Wheat 🕢	Prawns 🕢	•	•			Mussels 🗸 Squid 🗸					•	
Spiced cauliflower florets flabread			Wheat 🕢							•	M	•		⊘	Almonds 🕢 Cashews 🐼
Sticky pork belly		•	Wheat 🕢			②							•	•	Cashews 🕢