

BALANS

EST. SOHO 1987

ALL DAY BRUNCH

Eggs Benedict / Florentine (v) 13

Poached Woodlands Farm eggs with a choice of ham, bacon or spinach on an English muffin, with homemade Hollandaise sauce

Eggs Royale 15.5

Poached Woodlands Farm eggs with H. Forman smoked salmon on an English muffin, with homemade Hollandaise sauce

Lobster Benedict 21

1/2 lobster, poached Woodlands Farm eggs, avocado & crispy bacon on an English muffin, with homemade Hollandaise sauce

Full English 16.5

2 Woodlands Farm eggs (your way), bacon, Cumberland sausage, field mushroom, beans, crispy Balans potatoes & toast

Eggs in hell (v) 12

2 Woodlands Farm eggs poached, fiery tomato sauce, served with crispy Balans potatoes & Parmesan cheese

Two eggs any way (v) 7.5

Poached, fried, scrambled or boiled Woodlands Farm eggs on toast (add crispy bacon +3, sausages for +5.5 or crushed avocado for +4.5)

Breakfast burrito (v) 15

Scrambled Woodlands Farm eggs, halloumi, crispy Balans potatoes, sour cream & spiced tomato in a tortilla wrap

H. Forman smoked salmon, avocado & scrambled egg 17.5

H. Forman smoked salmon with scrambled Woodlands Farm eggs, crushed avocado & toast

Cheese omelette (v) 10

Woodlands Farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes

Steak & eggs 21.5

Bavette steak and 2 Woodlands Farm eggs (your way), with crispy Balans potatoes & chimichurri

Potato flatbread with avocado (ve) 12

Charred flatbread, crushed avocado, dukkah, house salsa Fresca, & hazelnut Romesco

French Toast (v) 11

Eggy brioche with pecans, caramelised banana & warm maple butter with a pinch of cinnamon

Proper porridge (v) 9

With milk & a squeeze of honey and fresh berries

OUR FAMOUS PANCAKES

American pancakes (v) 13

With warm maple butter & a choice of bacon, banana or fresh berries

Vegan pancakes (ve) 13

With maple syrup & a choice of banana or fresh berries

Fried chicken pancakes 14.5

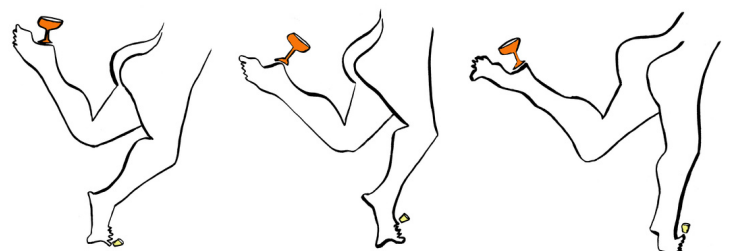
With kimchi salad, oat fried chicken & spicy Korean honey

ADD-ONS

Halloumi, chorizo, crushed avocado 4.5**Two Cumberland sausages 5.5****Bacon, mushroom, cheese, black pudding, baked beans 3****Crispy Balans potatoes 4.5****Egg (your way) 2.8****Grilled chicken 6****H. Forman smoked salmon 8****Two pancakes & crushed berries 7.5****2 slices of toast 3.5**

Sourdough or gluten free

(add jam or homemade marmalade for +1.5)



FOLLOW US FOR FUN & FROLICS @BALANSLONDON

(v) vegetarian (ve) vegan. Please inform your server if you have any food allergies