

Nº.60
BALANS

OLD COMPTON STREET

ALL DAY BRUNCH

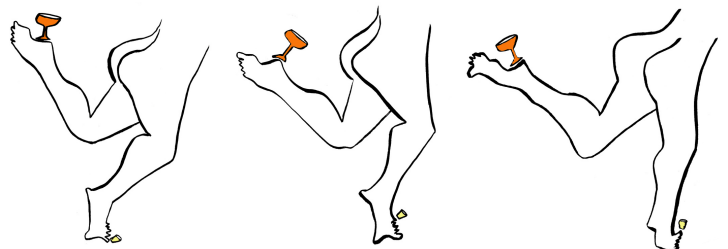
Eggs Benedict / Florentine (v)	11.5	Breakfast burrito (v)	14.5
Poached Woodlands Farm eggs with a choice of ham, bacon or spinach on an English muffin, with homemade Hollandaise sauce		Spicy scrambled Woodlands Farm eggs, halloumi, crispy Balans potatoes & spiced tomato in a tortilla wrap	
Eggs Royale	13	H. Forman smoked salmon, avocado & scrambled egg	16.5
Poached Woodlands Farm eggs with H. Forman smoked salmon on an English muffin, with homemade Hollandaise sauce		H. Forman smoked salmon with scrambled Woodlands Farm eggs, crushed avocado & toast	
Lobster Benedict	19	Cheese omelette (v)	9.5
1/2 lobster, poached Woodlands Farm eggs, avocado & crispy bacon on an English muffin, with homemade Hollandaise sauce		Woodlands Farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes	
Full English	15.5	Steak & eggs	19.5
2 Woodlands Farm eggs (your way), bacon, Cumberland sausage, field mushroom, tomato, crispy Balans potatoes & toast		Bavette steak & 2 Woodlands Farm eggs (your way), with crispy Balans potatoes & chimichurri	
Eggs in hell (v)	11	Potato flatbread with avocado (ve)	12
2 Woodlands Farm eggs poached, fiery tomato sauce, served with crispy Balans potatoes & Parmesan cheese		Charred flatbread, crushed avocado, dukkah, house salsa Fresca, hazelnut Romesco	
Two eggs any way (v)	7.5	French Toast (v)	10
Poached, fried, scrambled or boiled Woodlands Farm eggs on toast (add crispy bacon, sausage for +2.5 or crushed avocado for +3.5)		Eggy brioche with pecans, caramelised banana & warm maple butter with a pinch of cinnamon	
		Proper porridge (v)	5
		With milk & a squeeze of honey	

OUR FAMOUS PANCAKES

American pancakes (v) 11	Vegan pancakes (ve) 11	Fried chicken pancakes 11
With warm maple butter and a choice of bacon, banana or crushed berries	With maple syrup and a choice of banana or crushed berries	With kimchi salad, oat fried chicken & spicy Korean honey

ADD-ONS

Halloumi, chorizo, avocado	3.5
Bacon, mushroom, sausage, cheese, black pudding, baked beans	2.5
Egg (your way)	2.8
Grilled chicken	5
H. Forman smoked salmon	8
Two pancakes & fruit	6
2 slices of toast	3.5
Sourdough or gluten free (add jam or homemade marmalade for +1.5)	



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(v) vegetarian (vg) vegan. Please inform your server if you have any food allergies

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LUNCH

SANDWICHES

The Balans burger	19.5	Korean vegan burger (ve)	18.5
100% British chuck steak patty, Red Leicester, smoked bacon, lettuce, dill pickle, tomato & red onion marmalade, brioche bun with fries		Moving Mountains B12 patty dressed in Bulgogi sauce topped with crisp tempura spring onion with fries	
BBQ pork doughnut	16	Falafel & hummus wrap (ve)	16
BBQ glazed shredded pork, crackling & pickled chillis with fries		Pickles, tomato and sweet chilli sauce with fries	

SMALL PLATES

Manchego & Serrano croquettes	10	Crisp beetroot taco (ve)	9
Paprika aioli		Fragrant fried vegetables, shaved coconut & tamarind with a mango dressing	
Truffle mac & cheese (v)	10	Three cheese quesadilla (v)	8.5
Parmesan crumb		Crispy tortilla with Mexicana, Monterey Jack and soft cheese, tomatillo & chipotle salsa, sour cream	
Cauliflower risotto (ve)	12	Spiced calamari	12
Caramelised cauliflower, parsnip & walnut pesto		With pickled sea vegetables & Korean spiced mayo	
Truffle fried chicken	9		
Crisp oat fried chicken bound in truffle honey			

BIG PLATES

Squid ink linguine	18	Keralan Curry	19
Preserved lemon, tomato, fennel & squid dressing, bottarga		Chicken, shrimp or vegetables (v), coconut, cashews, jasmine rice	
Cobb salad	19	Chicken enchiladas	15
Chicken, bacon, Cashel Blue cheese, avocado, roast tomatoes, Woodlands Farm egg, ranch dressing, crisp shallots		Black beans, Monterey Jack cheese, spiced tomato sauce in a grilled tortilla with melted Mexicana cheese & sour cream	
(without chicken and bacon 14.5)		Fish & chips	17.5
Rib-eye steak	35	Haddock from the British Isles, hand-cut chips & mushy peas	
Smoked bone marrow butter, burnt onion and mushroom ketchup, hand-cut chips and truffle mac & cheese		Corn fritters (ve)	14
Iberian Chicken	20	Fragrant sweetcorn fritters, charred Kentish broccoli with a watercress salad & miso dressing	
Brined, roasted chicken with chorizo, chickpeas, spinach & a herb oil dressing			

SIDES

Fried corn ribs with garlic & rosemary salt	4.5	Crispy Balans potatoes, fries or hand-cut chips	5
Hispi cabbage	4.5	Cornish mid potatoes with rosemary oil	4.5
Parmesan (option to make vegan)		Spinach	4.5
Mixed leaf salad	3.5		
Balans house dressing			

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