

# BALANS

## aperitifs

**bellini**  
prosecco & white peach  
7.00

**bucks fizz**  
glass 5.50  
pitcher 15.95

**perrier jouet**  
grand brut, nv  
7.00

**prosecco**  
jeio, nv  
5.00

**perrier jouet**  
blason rose, nv  
9.00

**kir royale**  
champagne, chambord  
7.00

**martini**  
gin, vodka or flavoured  
5.95

**bloody mary**  
glass 5.75  
pitcher 16.95

## starters

**pan seared scallops**  
cauliflower puree & pancetta  
6.50

**crispy calamari**  
lemon mayo & sweet chilli dips  
5.25

**shredded duck spring rolls**  
cucumber ribbons & hoi sin  
5.50

**greek plate**  
stuffed vine leaves, lamb keftedes  
houmous, olives & warm pitta  
6.25

**talleggio & leek tart**  
dressed rocket  
5.50

**sate tiger prawn skewers**  
pickled cucumber & spiced peanut dip  
5.75

**pork gyozas**  
sambal olek dip  
5.95

**quesadilla**  
flour tortilla, pepperjack cheese  
sour cream & salsa fresca  
4.95

**foie gras & chicken liver terrine**  
cranberry red onion marmalade & toast  
6.50

**potato, spinach & feta samosas**  
tamarind dip  
5.25

**crab cakes**  
mango papaya salsa & chipotle remoulade  
6.50

**warm chicken liver salad**  
baby spinach, poached egg, bacon, tomatoes  
croutons & grain mustard dressing  
5.95

## main courses

**sea bass**  
crushed new potatoes, spinach  
chive butter sauce  
13.95

**pork belly**  
savoy cabbage, mash & apple cider jus  
12.50

**swordfish**  
black bean rice, tempura shrimp  
papaya mango salsa  
13.50

**vegetable stir fry**  
bean sprouts, broccoli, mangetout  
carrots, peppers & jasmine rice  
10.50

**cod**  
fondant potato, confit tomatoes  
parsley sauce  
14.95

**salmon fishcakes**  
wilted spinach & chive butter sauce  
12.95

**steak & ale pie**  
mash, green beans & gravy  
12.50

**10 oz balans burger**  
pure ground beef, cheddar cheese  
streaky bacon, salad garnish & fries  
10.50

**duck breast**  
celeriac mash & cherry jus  
10.95

**10 oz rib eye steak**  
hand cut chips & bernaise  
16.95

**north african marinated chicken**  
toasted almond & raisin cous cous  
harrisa & mint yoghurt  
11.95

**wild mushroom linguine**  
shallots, garlic, chilli & parsley  
12.50

**beer battered haddock**  
hand cut chips & mushy peas  
11.95

**thai curry (chicken or shrimp)**  
stir fried thai spices, onions  
peppers, cashews, coconut cream  
with jasmine rice or egg noodles  
10.95

**lamb shoulder**  
garlic & rosemary mash  
braising juices  
12.95

**calves liver**  
crushed root vegetables, bacon & gravy  
12.95

**seafood jambalaya**  
squid, shrimp, clams & chorizo  
louisiana style rice  
12.50

**fillet steak**  
fondant potato, french beans  
truffle jus  
17.95

**salmon**  
squid ink tagliatelle, saute courgettes  
toasted pinenuts & saffron cream  
13.50

**half boneless chicken**  
lemon & rosemary potatoes, salsa verde  
11.95

**wild boar sausages**  
celeriac mash & onion gravy  
10.95

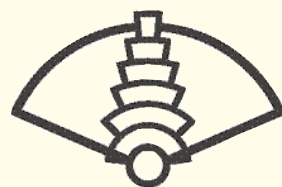
## side orders 3.00

**fries or hand cut chips**  
**tomato & red onion salad**  
**mash or crushed new potatoes**

**jasmine rice**  
**green salad** - house dressing  
**steamed broccoli**

**sauted garlic spinach**  
**steamed french beans**  
**almond & raisin cous cous**

an optional service charge of 12.5% will be added to your bill  
cheques not accepted



menu items may contain nuts or trace elements  
WI-FI access available

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# B A L L A N S

## white wines

btl/250ml/175ml

<b>chenin blanc chardonnay 2008/09</b> el lapiz, argentina	13.50 / 4.75 / 3.50
<b>sauvignon chenin 2008/09</b> tortoise mountain, south africa	13.95 / 4.95 / 3.80
<b>sauvignon blanc 2008/09</b> valdivieso, chile	15.50 / 5.35 / 4.00
<b>pinot grigio 2007/08</b> ca marengo, italy	16.50 / 5.65 / 4.10
<b>chardonnay 2008/09</b> thomas mitchell, australia	16.75 / 5.80 / 4.15
<b>torrontes 2007/08</b> alamos, argentina	16.95 / 5.95 / 4.45
<b>riff pinot grigio 2007/08</b> alois lageder, italy	18.75 / 6.40 / 4.60
<b>chenin blanc 2007/08</b> dry creek, u.s.a	18.95 / 6.50 / 4.70
<b>riesling 2007/08</b> madfish, australia	20.95 / 7.30 / 5.25
<b>sancerre 2007/08</b> domaine de la chezatte, france	23.95 / 8.25 / 5.90
<b>pinot gris 2008/09</b> spy valley, new zealand	24.95 / 8.50 / 6.15
<b>chablis 2007/08</b> la jouchere, france	25.50 / 8.75 / 6.25
<b>sauvignon blanc 2007/08</b> huia, new zealand	25.95
<b>chardonnay reserve 2007/ 08</b> stonier, australia	32.00
<b>chassagne Montrachet 2006/07</b> les charmeuses - nicolas potel, france	37.50

## champagne

<b>perrier jouet</b> grand brut, nv 7.00 / 34.95
<b>perrier jouet</b> blason rose, nv 9.00 / 45.00
<b>veuve clicquot</b> yellow label, nv 42.95
<b>laurent-perrier rose</b> brut, nv 58.00
<b>bollinger 1999</b> grande annee 72.00
<b>dom perignon 2000</b> vintage 99.00

## shooting gallery

all at 3.50

<b>mini guinness</b> kahlua & baileys
<b>slippery nipple</b> grenadine, white sambuca, baileys
<b>baby woo woo</b> absolut vodka, peach schnapps, cranberry juice
<b>cement mixer</b> baileys, cranberry juice
<b>brain haemorrhage</b> grenadine, baileys, peach schnapps
<b>the geek</b> absolut citron, chambord
<b>black jack</b> black sambuca, jack daniels
<b>golden shooter</b> drambuie, baileys, absolut vodka
<b>thin red line</b> sambuca, tequila, tabasco

## cocktails

<b>long island iced tea</b> vodka, gin, light rum, tequila, triple sec, lemon juice, pepsi 5.75 / 15.75
<b>sea breeze</b> vodka, cranberry juice, grapefruit juice 5.75 / 15.75
<b>woo woo</b> peach schnapps, absolut vodka, cranberry juice 5.75 / 15.75
<b>mai tai</b> light & dark rums, triple sec, orgeat, lime juice, grenadine 5.75 / 15.75
<b>pimms</b> pimms, lemonade, mint, fresh strawberries, cucumber 4.95 / 13.50
<b>mojito</b> light rum, mint leaves, sugar syrup, lime juice, bitters, soda 5.95
<b>martinis</b> vodka or gin - classic or flavoured 5.95 / 7.95
<b>cosmopolitan</b> citrus vodka, cointreau, cranberry, lime squeeze 5.95 / 7.95
<b>porn star martini</b> vanilla vodka, vanilla sugar, passion fruit syrup passion fruit puree & champagne shot 7.50
<b>caipirosca</b> vodka, strawberry or raspberry, lime, sugar 5.95
<b>caipirinha</b> crushed lime wedges, sugar, cachaca 5.95
<b>singapore sling</b> gin, cointreau, benedictine, cherry brandy lime, orange & pineapple juices 5.95
<b>sours</b> whisky, amaretto, midori or pisco 5.75
<b>berry vanilla</b> vanilla flavoured vodka, creme de mure, lemon juice pressed apple juice, over crushed ice & berries 5.95
<b>dirty banana</b> tia maria, creme de banane & cream 5.75
<b>manhattan</b> canadian club, sweet vermouth, bitters 5.95 / 7.95
<b>weeping jesus</b> absinthe, peach schnapps, grenadine, lemonade 6.50
<b>sicilian kiss</b> citrus vodka, lemongello & sicilian lemonade over crushed ice, passion fruit liqueur 5.95

## frozen cocktails

<b>strawberry daiquiri</b> light rum, cherry brandy, strawberry liqueur grenadine, strawberry puree 7.50
<b>passion fruit daiquiri</b> pineapple rum, passion fruit liqueur & passion fruit puree 7.50
<b>mango daiquiri</b> pineapple rum, mango fruit liqueur & mango fruit puree 7.50
<b>pina colada</b> light rum, pineapple juice, coco lopez 7.50
<b>margarita</b> silver tequila, triple sec, lime juice (blended or shaken) 7.50
<b>strawberry margarita</b> silver tequila, triple sec, strawberry puree 7.50

## red wines

btl/250ml/175ml

<b>shiraz malbec 2007/08</b> el lapiz, argentina	13.50 / 4.75 / 3.50
<b>pinotage shiraz 2008/09</b> montestell, south africa	14.25 / 5.25 / 3.75
<b>rioja tempranillo nv</b> castillo de clavijo, spain	15.50 / 5.35 / 4.00
<b>malbec 2008/2009</b> piropo, argentina	16.50 / 5.60 / 4.10
<b>cabernet shiraz 2007/08</b> thomas mitchel, australia	16.95 / 5.80 / 4.15
<b>corvina cabernet sauvignon 2005/06</b> thesaurum, italy	17.50 / 5.95 / 4.30
<b>cotes de ventoux terres de truffes</b> cave terraventoux, france	17.95 / 6.30 / 4.55
<b>merlot 2007/08</b> preece, australia	18.50 / 6.45 / 4.65
<b>reserve merlot 2005/06</b> valdivieso, chile	19.95 / 6.95 / 5.00
<b>shiraz "the love grass" 2006/07</b> d'arenburg, australia	22.95 / 7.70 / 5.50
<b>cabernet sauvignon merlot 2006/07</b> knappstein, australia	23.50 / 8.10 / 5.80
<b>rioja reserva 2001/02</b> dinastia vivanco, spain	26.75 / 9.50 / 6.60
<b>ceppaiano alle viole 2005/06</b> pontedera, italy	32.95
<b>pinot noir 2007/08</b> spy valley, new zealand	36.95
<b>les tourelles de longuerville 2004/05</b> pauillac, france	38.95

## rose wine

<b>pinotage malbec sangiovese rose 2008/09</b> graham beck, south africa	16.50 / 5.65 / 4.10
<b>cotes de provence rose 2007/08</b> chateau d'astros, france	18.95
<b>white from red shiraz 2008/09</b> kloovenburg, south africa	21.50

## sparkling wine

<b>jeio prosecco</b> brut, italy	24.95 / 5.00
<b>preece pinot noir - chardonnay</b> brut, australia	21.95
<b>graham beck rose</b> brut, south africa	27.95

## champagne cocktails

<b>bellini</b> prosecco, white peach puree 7.00
<b>kir royale</b> champagne, chambord 7.00
<b>mimosa</b> champagne, orange juice, grand marnier 5.75
<b>balans blush</b> champagne, rose petal vodka, strawberry liqueur 7.50
<b>classic</b> champagne, sugar, bitters, brandy 7.75

## from the bar

<b>beers from</b> 2.95	<b>smirnoff ice</b> 3.15
<b>spirits (50ml from)</b> 4.10	<b>mixers</b> 0.95

## hot & cold drinks

<b>teas and coffees</b> from 1.80
<b>mineral water</b> 750ml bottle 2.95 330ml bottle 1.40



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